



TRANSGENDER FACTS

PUBERTY BLOCKERS



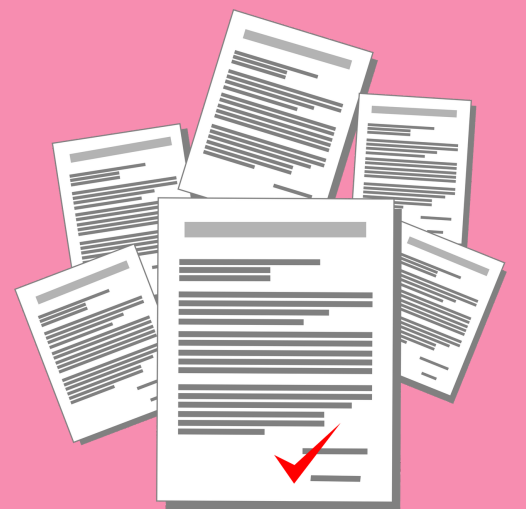
WHAT HAPPENED?

1

Based on the results of the Cass Review, the UK government banned the private prescription of puberty blockers for transgender under 18 year olds for gender affirming care.

They have also stopped NHS prescribing in some clinics.

Cisgender children can continue to use puberty blockers.



2

BUT WHY?

The Cass Review, and a ministerial consultation, said that not enough research had been done to test the safety and efficacy of puberty blockers.

3

THE FEAR

Politicians and campaigners claimed puberty blockers were unsafe and untested, claiming prescribing them was child abuse.

"We need to act with caution and care when it comes to this vulnerable group of young people, and follow the expert advice."

Wes Streeting, Dec 2024

"disgusting" that children were being put on the drugs when they had already been banned because they were "unsafe"

Keira Bell, Nov 2025

4

WHAT IS THE EVIDENCE?

Puberty blockers have been used successfully by transgender children for decades*

Numerous studies show they improve anxiety, depression, stress, life difficulties and suicidality in transgender teens - saving lives.

www.legislation.gov.uk/uksi/2024/1319/contents/made

www.gov.uk/government/news/ban-on-puberty-blockers-to-be-made-indefinite-on-experts-advice

<https://link.springer.com/article/10.1007/s007870050073>

www.lgbtqnation.com/2024/04/trans-activists-outraged-over-major-study-questioning-the-benefits-of-gender-affirming-care/

www.lgbtqnation.com/2021/12/hormone-therapy-lowers-suicide-risk-transgender-young-people/

Gender Positive Alliance www.mygpa.org Gender Positive Alliance



TRANSGENDER FACTS

PUBERTY BLOCKERS



‘The Yale Law Review found the Cass Review:
“repeatedly misuses data...subverts widely
accepted processes for...clinical
recommendations and repeats spurious,
debunked claims about transgender identity
and gender dysphoria.”

5 WHO DISAGREES AND WHY?

The Cass Review has been
denounced by medical professionals
and mental health organisations.

Only 27% of organisations consulted
by the government for the ministerial
review agreed with the ban.

The Cass review excluded over 100
studies that showed gender-affirming
care to be safe and effective

“transgender people should be
treated with compassion and respect
for their bodily autonomy.”

British Medical Association,
July 2024

“[The BMA is] concerned about
[the Cass Review’s] impact on transgender
healthcare provision because of its
unsubstantiated recommendations...
and exclusion of trans-affirming evidence.”

British Medical Association, July 2024

“Gender-affirming medical
interventions have been used for
adolescent gender dysphoria for
decades, and we have a large body
of evidence linking...to improved
mental health outcomes,”

Dr. Jack Turban, May 2024

www.bma.org.uk/bma-media-centre/bma-to-undertake-an-evaluation-of-the-cass-review-on-gender-identity-services-for-children-and-young-people

www.lgbtqnation.com/2024/04/trans-activists-outraged-over-major-study-questioning-the-benefits-of-gender-affirming-care/

www.gov.uk/government/consultations/proposed-changes-to-the-availability-of-puberty-blockers-for-under-18s/outcome/governments-response-to-the-targeted-consultation-on-proposed-changes-to-the-availability-of-puberty-blockers#summary-of-responses

<https://x.com/JuliaSerano/status/1777754949105188874>

Gender Positive Alliance www.mygpa.org Gender Positive Alliance